

## INCAN ADVENTURE TOUR - PACKING LIST

**Weather:** Average daily temperatures in Lima and Cusco can be in the low to mid 70s during the day with evening/nightly lows in the upper 50s. However, highs near Lake Titicaca are in the 50s with lows sometimes getting into the 30s. Wear layers!

**Airport Attire:** (Remember that we may be flying from and returning to chilly temperatures!)

- Layer t-shirt, lightweight sweatshirt/sweater or light jacket
- Comfy pants/jeans (You can dress comfortably but be presentable. We will start touring immediately after landing.)
- Tennis shoes (No slides, flip flops or sandals. We will be walking a lot upon arrival.)

**Carry On/Backpack:**

- Passport
- School ID (to verify that everyone is a student for group guided tours- does not need to be worn, only carried in wallet)
- Spending money – mostly cash (Peruvian sol) and credit or debit card
- Extra change of clothes (including underwear and socks)
- Camera (with batteries and/or charger, memory card)
- Prescription medications
- Dramamine (if needed)
- Travel journal and pen
- Books/magazines/playing cards/coloring or drawing stuff for airport, flights, and down time in hotel
- Packaged snacks, gum (I recommend having snacks for the first day or two, then buy snacks as needed throughout the trip. Gum is NOT allowed during site visits!)
- Cell phone with charger (see rules for technology use on other side)
- Small hand sanitizer
- Empty refillable water bottle
- Cell phone charger and adapter/voltage converter
- 2-3 disposable masks

**Day-To-Day Wear:**

- Several pairs pants (Non-holey jeans ok. Leggings ok, but don't look like you're heading to the gym. Some sites have dress codes for entry.)
- 9-10 shirts (Nothing low cut, strappy or showing your midriff or shoulders due to stricter dress codes for some sites.)
- Jacket (preferably waterproof) and at least 1 sweatshirt (Wear to airport to save space!)
- 2 pairs comfortable tennis shoes (No slides, flip flops or sandals for daily activities. We will be doing A LOT of walking!)
- 10 pairs underwear and socks
- 8-10 disposable masks (at least one per day as some sites may require masking)
- Sunscreen
- Sunglasses

**Pool Wear:** (Only if any of our hotels have a pool. We won't know this definitively until closer to departure.)

- Sandals/flip flops for pool and in hotel
- Modest bathing suit with cover-up/t-shirt
- Small beach towel

**Rain Gear:** (Hopefully it won't be needed, but please be prepared just in case!)

- Small umbrella and/or rain jacket
- Extra pair of tennis shoes

**Hotel Gear:**

- Pajamas/loungewear
- Outlet adapter/voltage converter

**A Pleasure To Be With Stuff:**

- Toothpaste and toothbrush
- Deodorant (soap is generally provided by hotels)
- Hair products (shampoo and conditioner is generally provided by hotels)
- Bag for dirty clothes
- Feminine hygiene products

**Dress Code:**

As representatives of our school and community, students must dress appropriately and respectfully. Anyone wearing inappropriate (too tight, too low-cut, too saggy, too revealing, etc.) clothing will be sent back to the room to change prior to leaving the hotel, or will be given a lovely oversized t-shirt to wear for the day that will cover everything from the neck to the knees. Many cathedrals and historical sites require modest attire to enter, meaning no exposed shoulders, knees, or midriffs. We are also traveling during Holy Week, so we need to dress modestly to be reverent and respectful of Peruvian customs. This is also an adventure tour. Particularly when we are outside of the city and visiting ruins, comfortable clothing and shoes are a must!

**Technology and Cell Phones:**

Students are responsible for any lost or stolen items. Please leave laptops and tablets at home, especially since we will frequently be moving to different hotels and don't want to leave anything behind. Students should bring their cell phones to use during the daily activities for photography, timekeeping, and communication with the group. Any random texting, calling, listening to music, watching videos, etc. is NOT permitted during tour activities. Be respectful and aware of your surroundings when taking photos. Students using their phones for taking photos must adhere to all rules regarding the use of flash or prohibiting photography as phones may be taken away by museum or site staff. Additional fees may apply for international cell phone use. Check with your carrier for specific details. Family and friends at home may stay up to date on our tour by checking the online tour diary or our trip Instagram **#uaisperu2023**.

**Luggage:**

- Only 1 carry-on and 1 checked bag allowed by airline for our group reservation
- 1 suitcase (preferably with wheels) to check with **Explorica ID tag and fabric strip** attached (provided at the pre-departure meeting)
- 1 backpack/carry-on with luggage tag attached; pack a change of clothes for the 1st day in your carry-on
- Students must be able to handle their own luggage at all times, including up and down stairs in hotels. Carry-on size suitcases are preferable to large suitcases, if possible.

**Airline Regulations for Group Reservations:****Checked Bag**

- **Weight** – Checked bag must weigh less than 50 lbs. Excess fees are charged for bags 51 lbs. or greater. I recommend keeping it to 45 lbs. or less to allow for souvenirs on the way home.
- **Size** – Checked bag cannot measure more than 62 inches total (length + width + height)

**Carry-on Bag**

- Only 1 carry-on item allowed. Backpack recommended as bags cannot measure over 55cm x 40cm x 23cm (21.5in x 16in x 9in)
- Any carry-on liquids must be 3.4oz or less and fit in one quart-sized Ziploc bag. You cannot bring any liquids larger than 3.4oz. through security. Hydrate accordingly.
- All tablets and laptops must be carried aboard and cannot be checked. I recommend students NOT bring a tablet or laptop, but if they do, same rules and warnings apply as with other electronic devices.

The most up-to-date airline regulations relevant to our travels can be found at [Security Screening | Transportation Security Administration \(tsa.gov\)](https://www.tsa.gov/travel/security-screening) ([www.tsa.gov/travel/security-screening](https://www.tsa.gov/travel/security-screening)).